

**School Health Advisory Council Meeting Summary
American Lung Association of Florida
November 14, 2013**

TOPIC	DISCUSSION	ACTION
Introduction	Dr. Seth Bernstein, Vice Chair, welcomed attendees, asked them to introduce themselves, and presided until Chair, Dr. Charmaine Chibar, was present.	
Approval of Agenda	Agenda was approved following motion by Michael Murgio, seconded by Kim Williams.	Meeting Agenda approved.
Approval of Summary - September 12, and October 10, 2013	Approval of the September 12 th meeting summary and approval with corrections to the October 10, 2013 summary following motion by Bud Tamarkin, seconded by Cynthia Clayton.	September and October, 2013 summaries approved
Old Business	<p>Mental Health Committee – Dr. Bernstein Dr. Bernstein noted that the committee has been very active as reported before. We have updated the Baker Act Decision Tree and that has been reviewed through the school district, and through June Essa, Keith Oswald, and Mr. Lee. We have trained all of the school nurses, law enforcement. The ESE department and school counselors have been asked to give training and some other areas as well. Dr. Bernstein noted that the committee is interested in sending out a bulletin to all of the principals, spoke to Keith Oswald about it and it is being considered.</p> <p>Kim Williams - gave an update on Breaking the Silence – The Next Generation to fourth and fifth grade with our school counselors. Some weren't able to attend the training so we will be catching up with them; middle schools next to roll-out and they will be looking the several curriculums. Chief Academic Officer, Cheryl Alligood, met with Seth Bernstein this summer and Seth talked about the "Weight of the Words" play which many of you were able to attend the last May. The focus of the CAO's meeting with principals was around bullying with legal going over some new changes in policy and law with bullying and really making them understand what that policy means. It help them internalize all of the legal policies and to hear the kids had created this script, wrote the play, everything and hit on all the issues they felt were really traumatizing schools, so that was powerful.</p> <p>The Action Alliance through Boca Raton Promise has hired Ludwell company to come in, they're the group out of Broward that works these plays and they will be working with Spanish River High school to create their own play. Our hope is that if we had a troupe in every region they can branch out with the play and gets the message to students in middle and upper elementary.</p> <p>Dr. Bernstein - Just to update the full SHAC on the proposal that we have put forth to the school district leadership and board around supporting the whole student's development. We are really taking a multi-prong approach to it; we met recently met with Chuck Shaw, Keith Oswald, and Vernon Crawford also about this proposal.</p> <p>Dr. Fishbane – Clearly we need to define it a little bit more particularly about the potential cost that is listed as "to be determined". Vernon was an incredible resource who knows the national, state and local players and resources and provided incredible advice. One good suggestion was utilizing the Infant Child Youth Symposium Steering Committee, an already appropriate group that is working and supporting this kind of effort see where we can partner</p>	Next SHAC Mental Health Committee meeting is December 17, 2013 at the FDOH room 2218.

	<p>Comment: Mr. Murgio – At our joint meeting with the county commission and I think I may have mentioned it at one of our meetings and brought up again the fact that one of things I would love to see us working towards and it fits in with this quite nicely with the proposal is that there is space at school where we actually would have service provided on a rotating basis so there might be an medical doctor there on one day, there might be an eye doctor another day and parents would have the service right there at the school because there is so many different agencies providing services but as a parent these services can be difficult to access. I don't know if there is a way that we as a committee could push that because it goes exactly with what we are trying to do with the multi-tiered even to the next level.</p> <p>Wellness Promotion Task Force (WPTF) – Paula Triana This school year, the Wellness Promotion Task Force had its first meeting on October 16, 2013. Paula thanked Dr. Bernstein for being the Co-chair at October's WPTF meeting since Steve Bonino; WPTF Chair had an emergency at the beginning of this meeting. Paula noted that Steve Bonino was promoted to the District's Chief of Support Operations position and he oversees: Transportation, School Food Service, Facilities and also Wellness Promotion. The October's WPTF meeting was well attended and the presentations were valuable. If anyone attending the SHAC meeting today is not aware of the District's Wellness Promotion Task Force – please let me know and we can add your name and e-mail to the distribution list.</p> <p>We are hosting the 3rd Annual "Wellness Celebration" on December 5, 2013. This celebration event is to honor and celebrate the great things that are happening within the schools and the community. Please come out to this event.</p> <p>The 7th Edition "FY-2013 Wellness Promotion Policy Annual Report" will be presented to the School Board on January 8, 2014. We want to thank everyone who continues to collaborate on these efforts from district's internal to external stakeholders.</p> <p>CDC Grant Advisory Committee – Dani Fitzgerald At our last meeting the motion was approved to set-up a CDC Grant Advisory Committee under the current SHAC. The CDC grant that we applied for and did get for the next five years required us to have an advisory committee and they called it school health advisory committee in the actual grant language so we set it as a committee of this SHAC. We had our first meeting today, we have about 12 members and we meet before the SHAC. Some members are from this meeting and some are from outside so we will have more news with future meeting.</p>	
<p>New Business</p>	<ul style="list-style-type: none"> • "Community Partners – A Family and Community Development Approach" <p>Patrick McNamara thanked everyone for inviting the Community Partners to present to SHAC.</p> <p>Patrick McNamara – CEO of Community Partners gave a brief overview of the services Community Partners provides. We interact in various ways with kids throughout the school district in our different programs; let me just start by saying we have three primary service areas; we have housing that is probably the one that has least amount direct contact with the kids in the school district. We have our community services areas, the Bridges program, TOP program which is the Teen Outreach Program, our Mentoring program and Youth Enrichment Academies as well as the Safe Kids program and then the third service area is the Child and Family Mental Health services.</p>	

In community services and child and family in mental health we touch and serve kids in various ways throughout the school district. The one thing that is in common is we for the past 30 years; we have been working specifically and targeting those areas where kids have risk factors and where the odds in many ways are stack against them and so our mission is across the board in terms to our programs and our services is to bring the services of social workers, mental health counselors and other professions to help change those thoughts. The housing partnership primarily provides housing services to deal with folks with various disabilities and the other is in promoting co-ownership. We are one of the very few non-profit mortgage lenders in the state and we are a local affiliate of a national organization called Neighbor Works America which charters by congress that have 240 charter affiliates across the country with Palm Beach County affiliate and through that relationship we help to promote affordable housing, revitalizing particular neighborhoods and financial empowerment you might have also heard about Prosperity Centers we operate a prosperity center in West Palm Beach and also in Belle Glade and that is in our service areas.

Kathy Wall, Bridges System Director – provided an excellent overview of the Bridges program and its purpose. Bridges is a program of the Children’s Services Council of Palm Beach County, where 10 neighborhood centers connect local families to community resources so more children are born healthy, remain free from abuse and neglect, and are ready for kindergarten, so these children are successful in school by the end of 3rd grade. The PowerPoint presentation is attached.



BRIDGES Intro.pptx

Tina McNutt, Director of Youth Development - gave an overview of the Teen Outreach Program (TOP) it is an initiative that is funded by Children’s Service Council and it focusing on dropout prevention and lowering teen pregnancy in Palm Beach County. Currently Children Services Council we have about 33 clubs in our county; Community Partners actually does about 15 of those clubs. TOP is a program for Middle and High School students to inspire and enable teens, especially those from disadvantaged circumstances, to develop the skills and confidence they need to lead successful lives and build strong communities. TOP is a youth development program proven to empower today’s teens.

TOP teens participate in 20 hours of community service and weekly classroom discussion for a period of 9 months and meeting at least 25 sessions. TOP help teens develop healthy behaviors and life skills, while giving the teen a sense of purpose and connection.

Pam Figora, VP of Child & Family Mental Health – We have twelve different programs that complement each other. The outpatient program is our largest and we have at any given time between 40-50 therapists who work in the outpatient program and they are all mastered prepared therapists who are utilizing evidence-based practices and strategies whenever possible to provide treatment to the kids. We also have a board certified child psychiatrist, full-time on staff and that department is design to access, provide, and monitor the need for medication as it specifically relates to kids.

	<p>Infant Mental health is a specialized program that promotes attachment and bonding with caregiving and children up to age five. Services can be utilized by all women; first-time moms, and teen moms of any age who are currently pregnant to identify them and help support and to develop parenting skills as they transition into motherhood. This is an evidence program our staff rendering these services are trained and credentialed. Counseling Assessment Resource Education (CARE) Team is primarily for homeless adults where we are contracted with the Lord's Place to provide services to them and although we also see families out there as well.</p> <p>Partners for Prevention - Diversion Program and what the diversion program means is: trying to prevent the removal of a child from the home and whatever is required for the family to avoid the removal of the child from the home; whether that is parent training skills, and psychotherapy. Family Recovery Program comes in when there has been removal specifically when there substance abuse is involved. The overall goal of this program is to try and have a speedier reunification with the families and fewer repeat abuse calls.</p> <p>Jibby Ciric, Director of Client Outreach – The Crossroads program provides services for mentally ill youth, ages 18-23, who are aging out of the foster care system or other adults who would otherwise be homeless. Services include</p> <ul style="list-style-type: none"> • Life Coaching (assisting in daily living skills) • Individual and group therapy • Psychiatric services • Education/Vocational Assistance • Crisis Intervention Services <p>DJJ Mental Services: 24 hour on call therapists working within the detention center with children and adolescents and provide therapeutic support, as well as continue working with these children and adolescents once they are released from the detention center in order to promote permanency in the community and decrease the risk of reoffending.</p> <p>High School Grant Initiative is a federal grant that targets local school with the highest group out rates/lowest graduation rate. Teams of graduation support specialists have been embedded at four high schools Boynton Beach, Forest Hill, John I Leonard, and Palm Beach Lakes High to identify the students that need increased supportive services to successfully graduate. Community Partners provides the therapeutic services to children with emotional and situational issues that are interfering with their success in school. The grant also allows therapists to provide crisis management sessions to address sudden, traumatic events with students who are in emergency situations.</p> <p>School Intervention Service: In home, in school (or Child Care Center), community, and or office based therapy services for children ages 0-17 and their families, as well as adult students enrolled in school facing homelessness. Services are provided to the families currently struggling with homelessness. We are able to initiate services within 24-48 hours, realizing that stress of homelessness places families at a high risk and need for immediate services.</p>	
Announcements	<p><u>Upcoming events</u> December 1, 2013 - World AIDS Day, Compass Quilt at the Duncan Theatre.</p>	
Adjournment	Meeting adjourned at 1:30 PM. Next Meeting is December 12, 2013	

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